



Partnership Handbook

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www.smartrecovery.org.uk

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newsletter at:
<http://news.smartrecovery.org.uk>

Introduction

SMART Recovery aims to help individuals gain control over their addictive behaviours, achieve recovery, a balanced lifestyle and lead meaningful and satisfying lives. The tools and techniques of SMART Recovery are derived from Rational Emotive Behaviour Therapy, Cognitive Behavioural Therapy and Motivation Enhancement Therapy. The approach evolves as the evidence for psychological interventions develops, under the guidance of an international advisory board which includes such luminaries as Alan Marlatt, Aaron Beck and Carlo DiClemente. The SMART Recovery programme therefore uses some of the most evidence based methods available.

What makes SMART Recovery different from treatment is the focus on mutual aid and peer led meetings. To put it in simple terms, SMART Recovery is a secular and science based alternative to AA / NA and other mutual aid networks. SMART Recovery offers all the proven benefits of mutual aid, but with an approach that can be closely interlinked with care provision and actively supported by professionals.

After a strategic review (see <http://bit.ly/cPIPU0>) and the completion of a DoH funded pilot project SMART Recovery UK is pursuing a closer partnership with the treatment and care providing sector.

Please see the separate document '*Guidance for providers – what you can do to promote SMART Recovery and why you should do it*' for a thorough discussion on the benefits to your clients and your organisation in encouraging SMART Recovery. That document also explains the distinction between 'Supporters' and 'Partners'.

This handbook focuses on the 'Partnership' option and aims to provide all the information you need to be able to decide whether to pursue this for your organisation. After reading this document, if you are still interested in pursuing the Partnership option, please email us at partnership@smartrecovery.org.uk

What is SMART Recovery “Partnership”

The Partnership model aims to create a win-win for SMART Recovery UK (SRUK) and providers of care or treatment, such as Supporting People providers and Substance Misuse treatment services. In developing the Partnership approach, SRUK intends to expand the network of peer led SMART Recovery mutual aid meeting and also secure much needed though modest financial support to cover the core infrastructure costs of the organisation. What the partnership offers in return is a straightforward and low cost way to enhance your service so that your clients build up 'recovery capital' that will benefit them now and long after they have left your care. The next two sections explore what the Partner organisation may (and may not) do with SMART Recovery. This is a summary of the formal agreement that is available from the Partnership page on our website, www.smartrecovery.org.uk

What is included in the agreement?

Under the terms of the agreement, the Partner may:

Make use of SMART Recovery copyrighted materials within your service. This includes permission to photo-copy from manuals and tool-kits, the use of handouts and tools within one to one counselling sessions and running groups based on SMART Recovery principles.

Access our on-line training for Champions. Two staff members per site per year have access to the full 20 hour on-line Facilitator / Champion training package.

Access our on-line Getting SMART training. Access will be provided to staff and clients of Partnership sites.

Access our face to face training. Book places on our face to face training for up to two staff members per year per site, at the currently published price. Please note SRUK does not intend to make a profit on the running of these courses though must charge enough to cover costs.

Unlimited access to our Champions support network. This uses our on-line voice / chat system for regular support meetings and the learning forums built around the training. Champions of different organisations will have the opportunity to share ideas about how to promote recovery and engage clients in SMART Recovery.

Display the 'SMART Recovery Partner' logo. You may put this on the web page for the services in the Partnership scheme. If most of your services are within the scheme you may also display the logo on the home page of your website.

Mention Partnership status in funding applications. Please use standard wording supplied by or otherwise agreed with SRUK.

Responsibilities of Partners

The partner agency must:

- Actively promote free standing, peer led meetings in the local area. SRUK may for example insist that 85% of your sites using SMART Recovery Therapy have a local free standing meeting within one year and at any point thereafter.
- Pay an annual fee to SRUK, if you have paid staff

Training opportunities

The facilitation of SMART Recovery meetings depends on understanding key principles of Rational Emotive Behaviour Therapy, the Cycle of Change, Motivational Interviewing and other therapeutic techniques. Unlike many other self help / mutual aid groups, SMART Recovery Facilitators need training to be effective at running meetings.

SMART Recovery UK uses an e-learning platform to deliver most of the training needed by Facilitators and Champions, <http://training.smartrecovery.org.uk>. We completed a pilot programme in August 2010 using this platform, which included videos, audio presentations, downloadable reading material and Chat based seminars. If you would like to see the course to evaluate what we are able to achieve, please get in touch.

The full training programme is being prepared for the first intake by the end of October 2010, consisting of the following modules.

SMART For life

This is a very short (roughly one hour) primer on SMART Recovery. It is aimed at people who want to understand what SMART Recovery is and get a basic grasp of the methods and philosophy. This will be open to anyone and suitable for meeting participants or to provide a quick introduction for your staff.

Getting SMART

This is a longer course (ten hours) and covers the key underlying knowledge of SMART Recovery tools and methods. Although the main reason for the course will be for people who want to be facilitators or Champions, it will be structured to be of interest to meeting participants or staff who simply want a deeper theoretical 'grounding'.

The curriculum is based around the 'Four Point Programme', Building and Maintaining Motivation, Coping with urges, Self Management and Lifestyle Balance. It includes elements of REBT / CBT, Cycle of Change, Motivational Interviewing and other evidence based methods which are commonplace in the UK addictions field. Most of the learning is self directed, using video, reading materials, and recorded lectures. There will also be seminars using our voice / text chat system.

SMART Facilitator

This course will only be open to people who have completed the Getting SMART course and intend to become (or already are) facilitators or Champions. The course will also be roughly 10 hours in length. The curriculum covers most of the facilitator's manual, and adds further depth to the theoretical understanding of SMART Recovery methods. Particular attention would be paid to questions of when particular tools should / should not be used. This course includes a short module that is specific to Champions, exploring how they can make full use of SMART Recovery within their service.

Face to Face Training

Although most of the learning can be undertaken online, facilitators must develop good 'in the room' facilitation skills that are difficult to teach online. SRUK is putting together a one day facilitation skills course that fills some gaps in the e-learning approach. This course is available to Champions at the cost of £100 per delegate per day or £800 for a block booking of 12 from the same organisation. If the Champion has completed an introduction to group work or similar course, this session may not be necessary.

Training summary

Partner organisations will have access to the above courses as follows

- All of the staff in your organisation will have access to the 'SMART For Life' primer.
- All the staff at each site and unlimited clients per site will have access to the 'Getting SMART' course.
- Up to two members of staff per site per year would also have access to the Facilitator module, to fully qualify as SMART Recovery Champions.

Calculating the annual license fee

If your organisation has no paid staff there is no license fee to become a partner; other organisations incur a fee of £500 for each participating site run by your organisation.

Before finalising the agreement with your organisation we need a list of sites that you wish to be involved with the SMART Recovery, along with a brief description of the activities and staffing levels at each. Of course there can be some ambiguity as to what we mean by a 'site', so we might ask for clarification before agreeing the actual license fee for your organisation as a whole.

The following guidance should be considered when drafting up your list of your service sites that you would like to participate.

- A site is a building from which you deliver services and which is the 'normal place of employment' for one or more staff members. So, for example this would not include your central office if this is used only for administration rather than service delivery.
- The site may have a number of contracts and provide a number of different services.
- The site may run satellites, locations that are not used by your service full time and which are not the 'normal place of employment' for any of your staff.
- If the site runs more than 8 satellites OR is the normal place of employment for more than 25 staff we may ask for a multiple of the license fee to take account of scale. Please discuss any sites that meet this exception.

Your organisation might have some sites that you do not wish to participate in the SMART Recovery Partnership. Exclude these from the proposed schedule of participating sites.

Examples

A residential rehab that included an after-care programme 'on-site' would be considered to be a single site. If the after-care programme was delivered from other dedicated premises, this would be considered a separate site.

A rural drug service has only one base and a handful of staff, but runs satellites in 16 different towns. There would be a strong case to try and build meetings in most of these

towns, so the overall level of activity would be high. The high number of satellites in this case would lead us to suggest a license fee equivalent to two sites.

A supporting people project with one or two workers but supporting, say 20 units. This might appear to fall foul of the multiple satellites clause, but since there are only two workers we would be happy to see this as a single 'site'.

Other notes on license fee

- Please note that there are no 'volume discounts', we decided that this would unfairly penalise smaller organisations.
- The number of sites participating in the partnership scheme can be varied each year and the license fee adjusted accordingly.
- The license fee would be payable against an invoice raised by SRUK after the agreement was signed by both parties. Unless the agreement was terminated by either party, SRUK would automatically invoice on each anniversary.

Governance and indemnity

Where SMART Recovery is being used within the care / treatment programme of a Partner, the clinical responsibility rests entirely with that agency. Where meetings are not part of the treatment programme (even if the meeting space is being 'donated' by the provider) the responsibility rests with SRUK, which carries appropriate insurance and provides such oversight as is reasonable within the boundaries of a mutual aid / self help model.

SMART Recovery UK is currently a very small organisation and can provide limited support or oversight to meetings across the country. We are hoping to be able to appoint 'Regional facilitator mentors' who will maintain more direct contact with Facilitators. We hope to have some of these posts in place by Q1 2010, though funding is not yet in place.

What to do now?

If you have read this document and remain interested in pursuing Partnership, the following are the recommended steps:

Get in Touch. Contact us at partnership@smartrecovery.org.uk and join our mailing list at <http://news.smartrecovery.org.uk>. We should perhaps talk on the phone, or even organise a small telephone conference if there are a number of decision makers within your organisation who have questions. Also, see more information at <http://www.smartrecovery.org.uk>.

Talk to your senior managers. Your organisation might want to sign up many sites, so make sure there is involvement from the top!

Draft up your list of sites. Why not send us a draft list for discussion, with Site / project name, address, phone and contact details (eg. email of manager), number of staff for whom this is the normal place of employment, number of satellites, and for our own records, a brief description of what service is provided at the site.

Appendix A - Champion Role Description

A 'SMART Recovery Champion' is a member of staff at a site participating in the Partnership who takes a lead role in making SMART Recovery work for clients and the agency. The following is a tentative role description, it is envisaged that in most services this would be an additional responsibility for a member of staff rather than a dedicated post.

Agencies can adjust this to suite their particular needs, within the parameters of the Partnership agreement. It is important to stress that Partnership with SMART Recovery should not inhibit the agency from also promoting other forms of self help, mutual aid and recovery. You may wish to extend or adjust the role description to reflect this.

In order to fulfil these responsibilities, Champions are expected to complete the training package equivalent to that offered to Facilitators. It is not necessary that they complete the training before starting to integrate SMART Recovery in the service.

Promoting SMART Recovery as an option for clients

- Run SMART Recovery meetings within the service, aiming to involve service users as co-facilitators and eventually facilitators where possible.
- Make clients of the service aware of the importance of mutual aid and the option of SMART Recovery. This might include putting up posters.
- Run introductory sessions for clients to get to know SMART Recovery.
- Include SMART Recovery in aftercare planning
- Invite local SMART Recovery facilitators to do talks / introductory sessions at your service.

Supporting the creation of new standalone meetings

- Mentor clients as co-facilitators of meetings run as part of your service. Encourage / enable access to the on-line training for them to extend their knowledge and become facilitators.
- Support these facilitators to set up new meeting. If necessary help facilitate initially to get it off the ground. Please pull back after a few weeks and allow the meeting to stand on its own feet. Continue to offer 'long arm' support and keep in touch with the meeting facilitator.
- Sometimes, SMART Recovery meetings struggle or close, for example when a facilitator moves way. The Champion will support a meeting through such difficulties and help new facilitators get up to speed for a relaunch.

Enable agency to make best use of SMART Recovery materials

- Review existing tools used in therapeutic contact with clients and consider whether SMART Recovery provided materials are better / more consistent. If so, migrate the service to the new materials and brief colleagues.

Appendix B - Partnership Agreement

Note, SRUK will make up a final version with your organisations details.

Parties

The parties to this agreement are:

- (1) SMART Recovery[®] UK, a charity registered in Scotland (SC037968) and as a limited company (SC318729), having its registered address at 3rd Floor, Albyn House, 37a Union Street, Inverness IV1 1QA, Scotland, (SRUK).

- (2) < *** name and details of the Partner Organisation will be inserted here > (*Licensee*)

It is agreed by and between the *Parties* as follows:

1. Definition of Terms

The following words will have the following meaning in this agreement unless expressly stated to the contrary.

- 1.1 "*Partnership Sites*" refers to the parts of the Licensee organisation listed in Schedule C.

- 1.2 "*Programme*" refers to the materials normally used in the delivery of SMART Recovery meetings, as set out in Schedule A, and the trademarked phrases "SMART Recovery"[®] and "SMART Recovery 4-Point Program"[®].

- 1.3 "***Intellectual Property Rights***" means all patents, copyrights, design rights, trademarks, service marks, trade secrets, know-how, database rights and other rights in the nature of intellectual property rights (whether registered or unregistered) and all applications for the same.

- 1.4 "***Champion***" means an employee of the *Licensee* authorised to run SMART Recovery based groups within *Partnership Sites* under the terms of this agreement.

2. Term

The agreement will be effective from [***] (the "Effective Date") and remain in force until terminated.

3. Grant of License

SRUK grants to the *Licensee* a non-exclusive right to use the *Programme* within the UK, under the terms of this license agreement.

4. Rights and Responsibilities

At *Partnership Sites*, the *Licensee* may:

- 4.1 Run SMART Recovery meetings facilitated by a member of staff trained as a Champion by SRUK.
- 4.2 Make use of the *Programme* materials, including within sessions that are not peer led, such as using handouts in one to one counselling and key-working.
- 4.3 Put forward up to two staff members per year per partnership site to train as Champions using the on-line training Champion / Facilitator course provided by SRUK. Additional course places may be available by negotiation and set out in Schedule B.
- 4.4 Put forward other staff to learn about SMART Recovery using the on-line 'Getting SMART' Course.
- 4.5 Copy, distribute, display and transmit *Programme* materials within and between *Partnership Sites*, and make changes or edits to these materials that are approved by SRUK.
- 4.6 Display the SMART Recovery Partner logo on the part of the licensee website referring to this *Partnership Site*; and on promotional literature as long as it is clear that it refers specifically to this site. At the sole discretion of SRUK, the *Licensee* may be allowed to display the SMART Recovery Partner logo on the main organisation website.

At each *Partnership site*, the *Licensee* must:

- 4.7 Promote SMART Recovery to clients. This is not an exclusive agreement and sites might also choose to promote other recovery tools or mutual aid groups.
- 4.8 Other than for residential and criminal justice settings, work to create and support peer led, open meetings in addition to any closed or Champion led meetings run within the service. Further clarifications or expectations may be set out in Schedule B.
- 4.9 In the case of residential and criminal justice settings, support the delivery of 'closed' SMART Recovery meetings. These meetings are available only to residents of that Partnership Site and might, at the discretion of the *Licensee*; require ongoing attendance of the Champion.

The Licensee further agrees to:

- 4.10 Use the *Programme* in a manner that reflects the spirit and values of the SMART Recovery movement and does not bring SMART Recovery into disrepute.
- 4.11 Take reasonable steps to prevent use of the *Programme* by staff within parts of the organisation sites other than the *Partnership Sites*, other than in activities to evaluate materials or to support the work of *Partnership Sites*.
- 4.12 Optionally include mention of SMART Recovery Partnership within funding applications. Any such mention must use only the standard wording supplied by SRUK or otherwise as agreed in writing with SRUK.
- 4.13 Refrain from using the *Programme* or term 'SMART Recovery' within any project name, job title or other activity outside of the uses allowed in this agreement, without explicit written consent of SRUK.
- 4.14 Recognise SRUK as the legal owner of the *Programme* in the UK and acknowledge all rights conferred by this ownership, incorporate changes to the *Programme* as may be requested from time to time by SRUK and not remove copyright statements or brand names from the *Programme*.
- 4.15 Each quarter, provide SRUK with data describing the number of closed SMART Recovery meetings run under this agreement and produce bi-annual 'snapshot' reports on the number of participants in these meetings. There is no requirement to report on open peer led meetings, which are the responsibility of the facilitator.
- 4.16 From time to time and on the request of SRUK, provide additional information as may reasonably be required to establish whether the *Licensee* is adhering to the terms of this agreement

SRUK agrees to:

- 4.16 Provide access to on-line training for Champions as described above.
- 4.17 Provide ongoing support to the Champions using online forums and other communication methods. From time to time draw additional material to the attention of Champions that is useful within SMART Recovery meetings, though is not covered by this license agreement.
- 4.18 Provide the *Licensee* with free access to the *Programme* materials in electronic formats. Some material may also be available in printed form, though these will incur an additional charge.

- 4.19 Deliver an ongoing process of review and update of the *Programme* and seek the advice of the Licensee on what would help them in the Partnership work.
- 4.20 As available and if required, provide access to face to face training at currently published rates.
- 4.21 Maintain public liability insurance for activities carried out within open and peer led SMART Recovery groups.
- 4.22 Exercise such oversight and governance of peer led, open SMART Recovery groups as is realistic and proportionate for these mutual aid meetings.

5. Collaboration on materials

The *Licensee* may choose to offer assistance to SRUK on the development or improvement of the *Programme*, whether on a pro-bono or quid pro quo basis. To prevent future difficulties, such assistance can only take place under the following conditions.

- 5.1 SMART Recovery UK gratefully acknowledges any contribution made by the Licensee and will 'credit' such input within materials or on the website.
- 5.2 The Licensee agrees to transfer all *Intellectual Property Rights* created during the course of such collaboration to SRUK.
- 5.3 It is possible that some pre-existing material, owned by the *Licensee* may be offered to SRUK during the course of such collaboration. In contributing such material, the *Licensee* grants SRUK a non-exclusive royalty free and perpetual license to use these materials. SRUK will display a copyright notice and acknowledgement of authorship alongside such materials, as agreed with the *Licensee*.

6. Intellectual property rights

- 6.1 SRUK asserts that it holds the UK *Intellectual Property Rights* to the *Programme* sufficient to enter into the provisions of this agreement.
- 6.2 Both parties acknowledge that the *Programme* might also contain *some* material for which the intellectual property rights belong to others. SRUK asserts but does not warrant that it has the right to distribute this material for use by the *Licensee*, though will stop using such material if requested to do so by the owners. Under these circumstances, the *Licensee* must stop using such material on the request of SRUK.

7. License Fees

The following conditions apply to the charging of license fees unless variations or payment in kind is otherwise agreed and set out in Schedule B.

- 7.1 An annual license fee is payable at the published rate per site per year. *SRUK* will inform the *Licensee* of any proposed change to the annual fee three months prior to coming into effect.
- 7.2 The fee for each site is incurred from the *Effective Date* or the date the site was added to Schedule C, whichever is the later, and on the same date in subsequent years unless the site is removed from Schedule C (with 14 days notice) or the agreement is terminated.

8. Execution and Schedules

- 8.1 The parties will each sign one of two identical copies of this agreement in advance of the *Effective Date* and send their signed copy to the other party to be counter signed by that party.
- 8.2 The agreement, excepting the Schedules, may be changed only by a variation document executed using the same procedure as set out for the execution of this agreement. The Schedules may be varied by written agreement between officers of both organisations, either the Director or a Trustee for the Licensor and by an officer or other person authorised by the *Licensee* as set out in Appendix B.

9. Termination:

- 9.1 The Licensee shall have the right to terminate this agreement for any reason with 60 days written notice. In this event, *SRUK* will return to the license fees already paid for any period after the date of termination. The Licensee remains responsible to pay any fees incurred until the date of termination.
- 9.2 *SRUK* shall have the right to immediately terminate this Agreement if the Licensee becomes insolvent; violates the laws, regulations, rules, or statutes of any government or regulatory authority such as Companies House or Office of the Scottish Charity Regulator or the Charities Commission; ceases trading; makes an assignment for the benefit of creditors; or commits an act of bankruptcy.
- 9.3 *SRUK* also has the right to terminate this agreement if the Licensee materially breaches their responsibilities under this Agreement. *SRUK* will provide

written feedback and requirements on how the Licensor must adjust their operations to align with this agreement. If these changes are not made within 60 days, to the satisfaction of SRUK, the license may be terminated immediately at the sole discretion of SRUK and without recompense or reimbursement of fees to the *Licensee*.

- 9.4 SRUK will terminate this agreement if it ceases to hold the rights to the *Programme* necessary to fulfil its obligations under this agreement. If this is the cause of termination the *Licensee* will be entitled to pro-rata reimbursement of paid up license fees from the date this agreement is terminated until the end date of the period covered by these fees.
- 9.5 For either party, termination must be in writing and delivered by recorded delivery. Email is not suitable for this purpose.
- 9.6 After termination of this agreement, the *Licensee* shall make no further use of the *Programme* and will make reasonable efforts to remove or destroy the *Programme* materials from *Licensee* premises or as copies controlled by their representatives. Other than as set out in clause 9 (4), the Licensee shall not be entitled to any compensation by SRUK on any grounds including, but not limited to; lost profits, loss of goodwill, or consequential, direct, indirect, punitive, or exemplary damages.

10. Representations and limitations of liability

- 10.1 SRUK represents and warrants that it has the legal authority to grant the *Licensee* the rights set out in this agreement; and that no other person or entity is required to give its consent for the agreement to be valid.
- 10.2 SRUK shall defend, indemnify and hold the Licensee harmless from and against any and all claims, liabilities, judgments, penalties, and taxes, civil and criminal, and all costs, expenses (including, without limitation, reasonable attorneys' fees) incurred in connection therewith, which it may incur or to which it may be subjected, arising out of or relating to a breach of SRUK's representations and warranty under clause 10.1. Under no circumstances will SRUK indemnify the Licensee for claims other than those arising from a breach of the warranties set forth in clause 10.1. Other than the representations and warranties provided in this Agreement, the *Programme* is provided *as-is*.
- 10.3 Except as set out above, SRUK makes no warranties, whether express, implied, or statutory regarding or relating to the *Programme*. SRUK specifically disclaims all implied warranties of merchantability and fitness for a particular purpose with respect to the *Programme* and other services, if any; and with respect to the use of any of the foregoing.

10.4 In no event will SRUK be liable for any loss of profits, loss of use, business interruption, cost of cover or indirect, special, incidental or consequential damages of any kind in connection with or arising out of the furnishing or use of the *Programme*; whether alleged as a breach of contract or tortious conduct; unless if such damages are a result of gross negligence, reckless or malicious acts on the part of SRUK. In addition, SRUK shall not be liable for any damages caused by delay in the delivery of Materials; unless if such damages are a result of gross negligence, reckless or malicious acts on the part of SRUK.

10.5 SRUK and Licensee have sole responsibilities and shall hold the other harmless for any and all claims in relation to taxes, fees or costs.

11. General

Force Majeure: Neither SRUK nor the Licensee will be liable for, or will be considered to be in breach of, or default, under this Agreement, on account of any delay, or failure to perform, as required by this Agreement, as a result of any causes or conditions that are beyond such party's reasonable control; and that such party is unable to overcome through the exercise of commercially reasonable diligence. If any force majeure event occurs, the affected party will give prompt written notice to the other party and will use commercially reasonable efforts to minimise the impact of the event.

Governing Law: Any action related to this Agreement will be governed by and construed in accordance with the laws of the Scotland. No choice of jurisdiction will apply.

Assignability: The Licensee shall not assign its rights, duties or obligations under this Agreement to another company, group or person during the Term of this Agreement.

Waiver: No waiver by either SRUK or the Licensee of any default shall be deemed as a waiver of prior or subsequent default of the same of other provisions of the Agreement.

Severability: If any term, clause or provision hereof is held invalid or unenforceable by a court of competent jurisdiction, such invalidity shall not affect the validity or operation of any other term, clause or provision; and such invalid term, clause or provision shall be deemed to be severed from the Agreement.

Integration: This Agreement constitutes the entire understanding of SRUK and Licensee. This Agreement revokes and supersedes all prior Agreements between the parties; and is intended as a final expression of their Agreement. It shall not be modified or amended except in writing, signed by the parties hereto; and specifically

referring to this Agreement. This Agreement shall take precedence over any other documents which may conflict with this Agreement.

Counterparts: This Agreement may be executed in several counterparts, each of which shall constitute an original and all of which, when taken together, shall constitute one Agreement.

Headings: The headings for each section herein are for convenience only and shall not affect the meaning of the provisions of this Agreement.

12. APPROVALS AND WITNESSES

IN WITNESS WHEREOF, the parties, hereto, has executed this Agreement the day and year first above written.

SRUK:

LICENSEE:

Name: *****

Name:

Date signed

Date Signed

Schedule A – The Program

The SMART Recovery *Programme* includes a range of materials developed by SRUK or upstream owner in the USA. The following is a list of materials used within the *Programme* and which may be used within *Partnership Sites* under the terms of the agreement. This list may be amended from time to time by SRUK without prior notice.

- SMART Recovery[®] Handbook
- SMART Recovery[®] Facilitator's Manual
- SMART Recovery[®] Facilitators Quick Start Manual 2010

Please note that we have a major review of materials under-way and the list of available materials will be extended considerably in coming weeks.